

Addiction Recovery

ICD's multidisciplinary team of clinicians helps thousands of men and women achieve and maintain recovery. In addition to traditional programs for chemical dependency, we offer specialized treatments, such as:

- Programs for people with coexisting disabilities
- Structured treatment for adults with physical or learning disabilities
- Intensive treatment for persons with traumatic brain injury or other cognitive impairments
- Integrated recovery programs for those with coexisting psychiatric disorders

Our flexible, integrated approach can be adapted to any stage of recovery.

In ICD's treatment programs, clients develop the life skills and support systems they need for long-term recovery. In our small group environments, clients identify and overcome obstacles to recovery, learn problem-solving techniques, increase their self-awareness and self-esteem, and begin to make healthy lifestyle choices. Our counselors work with each client to help obtain benefit and entitlement support.

For an appointment please call 212-585-6260 or 212-585-6265.